

East Catholic February Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	Panini/Wrap
Wed 2/1	Veggie Burger w/ Sweet Potato Fried	Cobb Salad	General Tso's Chicken w/ Rice	Buffalo Chicken Panini
Thurs 2/2	Tuna Salad	BBQ Chicken Wrap	Chicken & Fries	Sweet Chili Chicken Wrap
Fri 2/3	Cobb Salad	Chicken BLT Salad	Meatball Grinder w/ Fries	Sriracha Chicken Wrap

In addition to the published featured menu, the following offerings are available on a daily basis:

- Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
- Assorted Cold Salads, Wraps, & Sandwiches
- Low Fat Yogurt Parfaits with Fresh Fruit and Granola
- Fresh Sliced Fruit Cups as well as Whole Fruit
- Fresh Vegetables with Dipping Sauce
- Fresh Baked Goods



Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.
If you have a food allergy, please speak to the Cafeteria Manager.

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Date	Healthy Choice	Wraps/Salads	Hot Line	Panini/Wrap
Mon 2/6	Egg Salad	Crunchy Apple Chicken Salad	Taco Grande w/ Chips	American Wrap
Tue 2/7	Seafood Salad	BLT Chicken Salad	Manicotti/Sauce/Garlic Bread	Italian Panini
Wed 2/8	½ Day Teacher Professional Day	½ Day Teacher Professional Day	½ Day Teacher Professional Day	½ Day Teacher Professional Day
Thurs 2/9	Garden Salad	Cranberry Chicken Salad	Tortellini w/ Sauce	Buffalo Chicken Wrap
Fri 2/10	Veggie Pizza	BBQ Turkey Wrap	Chicken & Fries	American Panini w/ Fries

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Mon 2/13	Egg Salad Sandwich	Sriracha Chicken Wrap	Pepperoni Calzone	Bacon/Cheese Quesadilla
Tue 2/14	Buffalo Chicken Salad	Crunchy Chicken Wrap	Buffalo Chicken Wings w/ Fries	Eggplant Parm Panini
Wed 2/15	Chicken & Fruit Salad	Cranberry Chicken Salad	Teriyaki Pot Stickers	Turkey/Pepper Jack Wrap
Thurs 2/16	Spinach Chicken Salad	Turkey Pastrami Wrap	Philly Cheesesteak & Fries	BBQ Turkey Panini
Fri 2/17	Chef Salad	Chipotle Turkey Wrap	Pulled Pork Sliders w/ Fries	Italian Wrap

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Menu Subject to Change

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Mon 2/20	Winter Break	Winter Break	Winter Break	Winter Break
Tue 2/21	Winter Break	Winter Break	Winter Break	Winter Break
Wed 2/22	Chef Salad	Tuna Wrap	Orange Chicken w/ Rice	Ham & Cheese Wrap
Thurs 2/23	Sliced Egg Salad w/ Russian Dressing	Turkey Wrap w/ BBQ Sauce	Chicken Quesadilla	Sweet Chili Chicken Wrap
Fri 2/24	Chicken BLT Salad	Turkey/Ham/Cheddar Wrap	Bosco Sticks w/ Garlic Sauce	Bacon/Cheddar Wrap

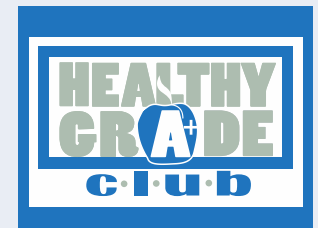
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Date	Healthy Choice	Wraps/Salads	Hot Line	Panini/Wrap
Mon 2/27	Spicy Veggie Quesadilla	Buffalo Chicken Wrap	Chicken & Fries	Turkey/Cheddar Panini
Tue 2/28	Spicy veggie Burger w/ Sweet Potato Fries	Sriracha Chicken Wrap	Fire Braised Chicken Thighs w/ Fries	Ham/Bacon Panini

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