



Saint Rose of Lima School Fall Running Club



Running is a fundamental for all other sports and it is enjoyable in its own right; however, it a lot more exciting when you are doing it with friends!

This fall twice a week the Saint Rose of Lima School Running Club will be tightening our laces and pounding out a few miles (after some healthy stretching). Grades 5 thru 8 are welcome to join, along with parents!

But what is running without a goal line? The goal of the fall running club is to prepare for both the Monster Dash 5k (October 28th) and the Downtown Jingle (December 2nd) – note there is a separate registration fee associated with the 5k races.



When: October 28, 2018 10am

Where:

250 S Water St, Providence, RI 02903

How Much:

- \$29 9/1/2018 to 9/30/2018
- \$31 10/1/2018 to 10/28/2018

More Details: <https://www.monsterdashrace.com/>

**** COSTUMES WELCOME ****



When: December 2, 2018 9am

Where:

RI Convention Center, 1 Sabin Street, Providence RI 02903

How Much:

- \$28 to 09/30/2018
- \$29 10/1/2018 to 10/31/2018
- \$31 11/1/2018 to 12/3/2018

More Details: <https://downtownjingle5k.com/>

If you are interested, please contact: Brian Clay (brian.d.clay@gmail.com) for details and meetup dates.