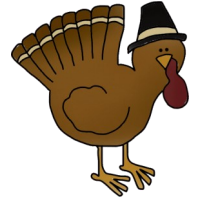




# Pre-K November 2019



Mon	Tue	Wed	Thu	Fri
				1 St. Peter Pizza on Whole Wheat Crust, St. Catherine's Carrot Sticks, St. Ann's Apples, St. Claire's Cookie, and St. Matthew's 1% White Milk
4 Whole Grain Breaded Popcorn Chicken, Green Beans, Fruit, Lemon Bar, and 1% White Milk	5 Lasagna, Tossed Salad, Whole Wheat Breadstick, Fruit, and 1% White Milk	6 Whole Grain Breaded Corn Dog, Broccoli, Fruit, Nachos & Cheese, and 1% White Milk	7 Whole Grain French Toast Sticks, Sausage Links, Juice, Muffin, and 1% White Milk	8 Pizza on Whole Grain Crust, Carrot Sticks, Fruit, Cookie, and 1% White Milk
11 Italian Dunkers on Whole Wheat Toast, Tossed Salad, Fruit, Brownie, and 1% White Milk	12 Tacos with a Multigrain Tortilla Shell, Corn, Fruit, Ice Cream Sandwich, and 1% White Milk	13 Hamburger on Whole Wheat Bun, French Fries, Fruit, Rice Krispie Bar, and 1% White Milk	14 Roast Turkey, Mashed Potatoes/ Gravy, Green Beans, Whole Wheat Dinner Roll, Fruit, Pumpkin Pie, and 1% White Milk	15 Pizza on Whole Grain Crust, Carrot Sticks, Fruit, Cookie, and 1% White Milk
18 Orange Chicken with Whole Grain Breading, Rice, Fruit, Fortune Cookie, and 1% White Milk	19 Spaghetti & Meatballs, Tossed Salad, Whole Wheat Garlic Stick, Fruit, and 1% White Milk	20 Sausage, Egg, Cheese on Whole Wheat, Hash Browns, Fruit, Muffin, and 1% White Milk	21 Birthday Day: Whole Wheat Chicken Strips, Mixed Veggies, Fruit, Cake & Ice Cream, and 1% White Milk	22 Pizza on Whole Grain Crust, Carrot Sticks, Fruit, Cookie, and 1% White Milk
25 Whole Grain Breaded Chicken Burger, Seasoned Red Potatoes, Fruit, Pumpkin Bar, and 1% White Milk	26 Lasagna, Tossed Salad, Whole Wheat Breadstick, Fruit, and 1% White Milk	27 Subs on Whole Wheat Bun, Carrot Sticks, Fruit, Cookie, and 1% White Milk	28 <b>THANKSGIVING NO SCHOOL</b>	29 <b>NO SCHOOL</b>