



**It's time to get your mind and habits ready to be a scholar at Saint Francis International School!**

Moms & Dads of Rising Kindergarten Students at SFIS,

There are lots of good ways to use time during the summer to make sure that our kids both have needed fun and relaxation and keep their minds, hearts, and bodies learning and growing while school is on vacation.

Our teachers have put together a great "buffet" of various activities that you and your child can use to work on their academic and other skills in fun ways throughout this summer.

You *don't* have to do every item on the "buffet" on the back side of this sheet, but you can if you want. *Here are the minimums of what we'd like to have your child do:*

- 1. Read or be read to for at least 20 minutes every day - be sure to keep track of the number of pages read. We know your child can read 1,000 pages!**
- 2. Do 20 of the suggested activities at least once by the first day of school**

*Don't forget, if you need books, you can borrow them for free at your local public libraries in Prince George's and Montgomery Counties.*

If you and your child want to do more learning this summer, here is what we encourage ...

- Have them read, read, read anything and everything from story books to newspapers to comic books to the labels on the back of a cereal boxes!
- Do as many of the suggested activities as you can and do them several times each
- Do a search online for learning activities you can do as a family
- Play card games, counting games, or memory games with your child
- Pick a up an activity book from a store that has grade level practice pages in reading, writing, math, or another subject

# Going to Kindergarten Buffet of Summer Learning Activities

Name: \_\_\_\_\_



## Directions:

Please help your child do *at least 20* of these activities, to earn a special recognition when school starts. Color in the boxes, as you do them.

**\*Do 20 MINUTES of READING TIME EVERY DAY  
and keep track of the 1,000 page reading challenge\***

(This can include the child reading independently and/or an adult reading to/with the child.)

With an adult, test which items sink or float in the bathtub or kitchen sink.	Write all of the numbers from 0 to 20.	Practice tying your shoes every day.	Read a book and draw a picture of your favorite part in the story.	Say the "Our Father" together as a family.  <i>*Students say this prayer every day at SFIS</i>
Learn or practice your home phone number.	Make homemade playdough (you can find instructions by using Google on the internet).	Pray "Grace before Meals" together as a family. <i>*Students say this prayer every day at SFIS</i>	Talk with adult about the weather outside.	Draw a picture of your family.
Visit the public library.	Count cheerios or other snacks.	Practice doing your own buttons, zippers, snaps, and belts.	Learn or practice writing your first and last name, neatly.	Write all of the letters of the alphabet.
Help an adult cook or bake something.	Learn your parents' first and last names.	Go for a walk around your neighborhood with a family member.	Look for flowers in your yard or neighborhood.	Learn or practice your home address.
Add single digit numbers together like 1+2 or 3+6	Do something kind for someone else without being asked.	Tell your parents a story about something you did that was fun.	Make a homemade musical instrument like a drum, maracas, or rubber band guitar.	Say the "Peace Prayer" with your family. <i>*Students say this prayer every day at SFIS</i>
Do a craft project, with things you find around the house.	Learn to do something new-like swim, ride a bike, jump rope, or anything that you haven't done before.	Think of someone special and say a prayer for him or her.	Draw a picture of something that makes you happy.	Pick an animal and draw a picture of it, in its natural habitat (home).



# *Prayers to Learn by Heart*

## **The Lord's Prayer**

Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## **Grace Before Meals**

Bless us, O Lord, and these your gifts  
which we are about to receive from your goodness.  
Through Christ our Lord.  
Amen.

## **Peace Prayer of St. Francis**

Lord, make us an instruments of your peace:  
where there is hatred, let us sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master,  
grant that we may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.  
Amen.

# 1,000 Page Reading Challenge



Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Parents, Teachers, and Students are invited to read 1,000 pages over the summer! Please read! You can read aloud together! You can read on your own! Hang this on your refrigerator at home and write the dates, book and number of pages you read! Use this sheet to keep track of your reading, follow the *EXAMPLE BELOW*. We will collect this page during the first week of school! Make extra copies of this page if you need them.

Date	Book Title	Pages Read	Total Pages (add up the pages as you go along)
<i>July 1</i>	<i>Horton Hears a Who</i>	<i>1 to 10</i>	<i>0 + 10 = 10</i>
<i>July 2</i>	<i>Horton Hears a Who</i>	<i>11 to 16</i>	<i>10 + 6 = 16</i>
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TOTAL PAGES ON THIS PAGE= \_\_\_\_\_

*Keep going! You can add more copies of this page!*