



**It's time to get your mind and habits ready to be a scholar at Saint Francis International School!**

Moms & Dads of **Rising 4<sup>th</sup> Grade Students** at SFIS,

There are lots of good ways to use time during the summer to make sure that our kids both have needed fun and relaxation and keep their minds, hearts, and bodies learning and growing while school is on vacation.

Our teachers have put together a great "buffet" of various activities that you and your child can use to work on their academic and other skills in fun ways throughout this summer.

You *don't* have to do every item on the "buffet" on the back side of this sheet, but you can if you want. *Here are the minimums of what we'd like to have your child do:*

- 1. Read or be read to for at least 30 minutes every day - be sure to keep track of the number of pages read. We know your child can read 1,000 pages!**
- 2. Log on to iXL online and practice math at least 4 times per week**
- 3. Do 20 of the suggested activities at least once by the first day of school**

*Don't forget, if you need books, you can borrow them for free at your local public libraries in Prince George's and Montgomery Counties.*

If you and your child want to do more learning this summer, here is what we encourage ...

- Have them read, read, read anything and everything from story books to newspapers to comic books to the labels on the back of a cereal boxes!
- Do tons of math practice on iXL
- Do as many of the suggested activities as you can and do them several times each
- Do a search online for learning activities you can do as a family
- Play card games, counting games, or memory games with your child
- Pick a up an activity book from a store that has grade level practice pages in reading, writing, math, or another subject

# Going to 4<sup>th</sup> Grade Buffet of Summer Learning Activities

Name: \_\_\_\_\_



**Directions:**

Please help your child do *at least* 20 of these activities, to earn a special recognition when school starts. Color in the boxes, as you do them.

**\*Do 30 MINUTES of READING TIME EVERY DAY  
and keep track of the 1,000 page reading challenge\***

(This can include the child reading independently and/or an adult reading to/with the child.)

**\*Practice MATH on iXL at Least 4 Times per Week\***

[www.ixl.com/signin/sfismd](http://www.ixl.com/signin/sfismd)

Write a poem about something in nature.	Take to your parents about where they grew up.	Find information about the famous Americans pictured on 1, 5 and 10 dollar bills to share with your class.	Read a book to your parents, grandparents, or a small child.	Say the "Peace Prayer of St. Francis" together as a family.
Draw a map of your neighborhood.	Set an alarm on a digital clock.	Read a Bible story with your parents and discuss it.	Look up the weather forecast online.	Help your parent pay the bill at a restaurant.
Use your library card to check out a novel.	Visit a museum with your family.	Find Maryland on a map and name the states it borders.	Be able to recite at least one parent's email address.	Memorize your multiplication tables through 15.
Cook dinner for your family.	Know the cell phone number of one parent.	Go for a walk around your neighborhood with a family member.	Watch a movie with your family. Talk about the story.	Wash the dishes from a meal by hand.
Lay on a blanket and look up at the stars.	Do something kind for someone else without being asked.	Call a grandparent, aunt, or uncle and ask about what school was like when they were a child.	Watch a TV show or video in Spanish or another language.	Use a map or GPS.
Write a 5 sentence paragraph about something you did this summer.	Learn to do something new-like swim, ride a bike, jump rope, or anything that you haven't done before.	Sort and fold laundry.	Think of someone special and say a prayer for him or her.	Write a creative story.



# Prayers to Learn by Heart

## **An Act of Contrition**

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.

## **The Angelic Greeting to Mary (Ave Maria)**

Hail Mary, full of grace,  
the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## **Peace Prayer of St. Francis**

Lord, make us an instruments of your peace:  
where there is hatred, let us sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master,  
grant that we may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.  
Amen.

# 1,000 Page Reading Challenge



Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Parents, Teachers, and Students are invited to read 1,000 pages over the summer! Please read! You can read aloud together! You can read on your own! Hang this on your refrigerator at home and write the dates, book and number of pages you read! Use this sheet to keep track of your reading, follow the *EXAMPLE BELOW*. We will collect this page during the first week of school! Make extra copies of this page if you need them.

Date	Book Title	Pages Read	Total Pages (add up the pages as you go along)
July 1	<i>Horton Hears a Who</i>	<i>1 to 10</i>	$0 + 10 = 10$
July 2	<i>Horton Hears a Who</i>	<i>11 to 16</i>	$10 + 6 = 16$
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TOTAL PAGES ON THIS PAGE= \_\_\_\_\_

*Keep going! You can add more copies of this page!*