



**It's time to get your mind and habits ready to be a scholar at Saint Francis International School!**

Moms & Dads of Rising 1<sup>st</sup> Grade Students at SFIS,

There are lots of good ways to use time during the summer to make sure that our kids both have needed fun and relaxation and keep their minds, hearts, and bodies learning and growing while school is on vacation.

Our teachers have put together a great "buffet" of various activities that you and your child can use to work on their academic and other skills in fun ways throughout this summer.

You *don't* have to do every item on the "buffet" on the back side of this sheet, but you can if you want. Here are the minimums of what we'd like to have your child do:

- 1. Read or be read to for at least 20 minutes every day - be sure to keep track of the number of pages read. We know your child can read 1,000 pages!**
- 2. Log on to iXL online and practice math as often as possible**
- 3. Do 20 of the suggested activities at least once by the first day of school**

*Don't forget, if you need books, you can borrow them for free at your local public libraries in Prince George's and Montgomery Counties.*

If you and your child want to do more learning this summer, here is what we encourage ...

- Have them read, read, read anything and everything from story books to newspapers to comic books to the labels on the back of a cereal boxes!
- Do tons of math practice on iXL
- Do as many of the suggested activities as you can and do them several times each
- Do a search online for learning activities you can do as a family
- Play card games, counting games, or memory games with your child
- Pick a up an activity book from a store that has grade level practice pages in reading, writing, math, or another subject

# Going to 1<sup>st</sup> Grade Buffet of Summer Learning Activities

Name: \_\_\_\_\_



## Directions:

Please help your child do *at least* 20 of these activities, to earn a special recognition when school starts. Color in the boxes, as you do them.

**\*Do 20 MINUTES of READING TIME EVERY DAY  
and keep track of the 1,000 page reading challenge\***

(This can include the child reading independently and/or an adult reading to/with the child.)

**\*Practice MATH on iXL as Often as Possible\***

[www.ixl.com/signin/sfismd](http://www.ixl.com/signin/sfismd)

With an adult, test which items sink or float in the bathtub or kitchen sink.	Write all of the numbers from 1 to 100	Learn or practice tying your shoes.	Read a book and draw a picture of your favorite part in the story.	Say the "Our Father" together as a family.
Learn or practice your home phone number.	Make homemade playdough (you can find instructions by using Google on the internet).	Say the "Hail Mary" together as a family.	Make a chart to keep track of the weather and temperature for a week.	Help an adult write the grocery list.
Sign up for a summer reading program at your local public library.	Make a structure with toothpicks and marshmallows.	Practice your math skills on iXL for 20 minutes.	Learn or practice writing your first and last name, neatly.	Practice subtraction facts to 10
Help an adult cook or bake something.	Know your parents' first and last names.	Go for a walk around your neighborhood with a family member.	Practice zipping and unzipping a coat.	Learn or practice your home address.
Add single digit numbers together like 1+2 or 3+6	Do something kind for someone else without being asked.	Write 2 sentences about something fun you did today.	Make a homemade musical instrument like a drum, maracas, or rubber band guitar.	Play "I Spy" with a friend or family member.
Do a craft project, with things you find around the house.	Learn to do something new-like swim, ride a bike, jump rope, or anything that you haven't done before.	Draw a picture of something that makes you happy.	Think of someone special and say a prayer for him or her.	Pick an animal and draw a picture of it, in its natural habitat (home).



# Prayers to Learn by Heart

## **The Lord's Prayer**

Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## **The Angelic Greeting to Mary (Ave Maria)**

Hail Mary, full of grace,  
the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## **Peace Prayer of St. Francis**

Lord, make us an instruments of your peace:  
where there is hatred, let us sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master,  
grant that we may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.  
Amen.

# 1,000 Page Reading Challenge



Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Parents, Teachers, and Students are invited to read 1,000 pages over the summer! Please read! You can read aloud together! You can read on your own! Hang this on your refrigerator at home and write the dates, book and number of pages you read! Use this sheet to keep track of your reading, follow the *EXAMPLE BELOW*. We will collect this page during the first week of school! Make extra copies of this page if you need them.

Date	Book Title	Pages Read	Total Pages (add up the pages as you go along)
<i>July 1</i>	<i>Horton Hears a Who</i>	<i>1 to 10</i>	<i>0 + 10 = 10</i>
<i>July 2</i>	<i>Horton Hears a Who</i>	<i>11 to 16</i>	<i>10 + 6 = 16</i>
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TOTAL PAGES ON THIS PAGE= \_\_\_\_\_

*Keep going! You can add more copies of this page!*