





# December 2018 Elementary Breakfast Menu






| Monday |  | Tuesday |   | Wednesday |   | Thursday |  | Friday |   |
|--------|--|---------|---|-----------|---|----------|--|--------|---|
| 3      | Sausage Biscuit<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pears (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 4       | Waffle w/ Sausage Links<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk   | 5         | Breakfast Pizza<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pineapple (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk                            | 6        | Pancake Wrapped Sausage<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Peaches (Pre-K)</b><br>Fresh fruit<br>Potato Rounds<br>Tomato Juice<br>Milk       | 7      | Beignets & Donuts<br><b>AND</b><br><b>Grill Cheese Triangle (Pre-K)</b><br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Mandarin Oranges (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk |
| 10     | Chicken Biscuit<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pears (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 11      | Pancakes w/ Sausage Links<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Fresh fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 12        | Scrambled Eggs with Sausage Patty & Toast<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pineapples (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 13       | French Toast w/ Sausage Patty<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Peaches (Pre-K)</b><br>Fresh fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 14     | Beignets & Donuts<br><b>AND</b><br><b>Grill Cheese Triangle (Pre-K)</b><br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Mandarin Oranges (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk |
| 17     | Sausage Biscuit<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pears (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk | 18      | Waffle w/ Sausage Links<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Fresh fruit<br>Potato Rounds<br>Tomato Juice<br>Milk   | 19        | Breakfast Pizza<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Pineapple (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk                            | 20       | Pancake Wrapped Sausage<br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Peaches (Pre-K)</b><br>Fresh fruit<br>Potato Rounds<br>Tomato Juice<br>Milk       | 21     | Beignets & Donuts<br><b>AND</b><br><b>Grill Cheese Triangle (Pre-K)</b><br><b>AND</b><br>Cereal & Toast<br><b>AND</b><br>Grits<br>Assorted Fruit<br><b>Chilled Mandarin Oranges (Pre-K)</b><br>Fresh Fruit<br>Potato Rounds<br>Tomato Juice<br>Milk |
| 24     | School Closed  | 25      | <br><br>School Closed  | 26        | School Closed   | 27       | School Closed  | 28     | School Closed   |
| 31     | <br><br>School Closed   |         |   |           |   |          |  |        |   |





# December 2018 Elementary Lunch Menu





| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| 3<br>Chicken & Sausage Jambalaya<br>Green Peas<br>Glazed Carrots<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Applesauce (Pre-K &amp; Sat)</b><br>Southern Butter Roll<br>Milk  | 4<br>Crispy or Soft Beef Taco<br>Shredded Cheese Cup<br>Shredded Lettuce & Chopped Tomato<br>Golden Corn<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Peaches (Pre-K &amp; Sat)</b><br>Cinnamon Roll<br>Milk           | 5<br>Meatballs and Red Gravy<br>Spaghetti<br>Cream Spinach<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Mandarin Oranges (Pre-K &amp; Sat)</b><br>Garlic Roll<br>Milk   | 6<br>Red Beans<br>(Chicken Smackers for Pre-K only)<br>Rice<br>Chicken Smackers/Sausage Links<br>Cauliflower w/Cheese<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Peas (Pre-K &amp; Sat)</b><br>Southern Butter Roll<br>Milk<br><br>Chicken Smackers for Sacred Heart School                                 | 7<br>Shrimp and Pasta<br>Italian Salad<br>Seasoned Green Beans<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b><br>Southern Butter Roll<br>Milk |
| 10<br>Beef Stew<br>Rice<br>Carrot Soufflé<br>Seasoned Green Beans<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pineapple (Pre-K &amp; Sat)</b><br>Southern Butter Roll<br>Milk  | 11<br>Crispy or Soft Beef Taco<br>Shredded Cheese Cup<br>Shredded Lettuce & Chopped Tomato<br>Golden Corn<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Mandarin Oranges (Sat &amp; Pre-K)</b><br>Cinnamon Roll<br>Milk | 12<br>White Beans<br>(Chicken Smackers for Pre-K only)<br>Rice<br>Chicken Smackers/Sausage Links<br>Caesar Salad<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Peaches (Pre-K &amp; Sat)</b><br>French Bread<br>Milk<br><br>Chicken Smackers for Sacred Heart School | 13<br><b>CHRISTMAS DINNER</b><br>Turkey Roast with Gravy<br>Served over Rice<br>Sweet Potatoes Casserole<br>Green Peas<br>Fresh Fruit<br><b>Chilled Applesauce (Pre-K &amp; Sat)</b><br>Southern Butter Roll<br>Milk<br><br> | 14<br>Meat Sauce<br>Spaghetti<br>Broccoli w/Cheese<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Peas (Pre-K &amp; Sat)</b><br>Garlic Roll<br>Brownie<br>Milk                     |
| 17<br>Red Beans<br>(Chicken Smackers for Pre-K only)<br>Rice<br>Chicken Smackers/Sausage Links<br>Caesar Salad<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Mandarin Oranges (Pre-K &amp; Sat)</b><br>Cornbread<br>Milk<br><br><i>Sausage Links for Sacred Heart School</i> | 18<br>Crispy or Soft Beef Taco<br>Shredded Cheese Cup<br>Shredded Lettuce & Chopped Tomato<br>Golden Corn<br>Fresh Fruit<br>Assorted Fruit<br><b>Chilled Peas (Sat &amp; Pre-K)</b><br>Cinnamon Roll<br>Milk             | 19<br>Chicken & Sausage Gumbo<br>Rice<br>Seasoned Green Peas<br>Potato Salad<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Applesauce (Pre-K &amp; Sat)</b><br>Southern Butter Rolls<br>Milk   | 20<br>Meatballs and Red Gravy<br>Spaghetti<br>Broccoli w/Cheese<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Peaches (Pre-K &amp; Sat)</b><br>Garlic Bread<br>Milk  | 21<br>Salisbury Steak w/ Brown Gravy<br>Mashed Potatoes<br>Glazed Carrots<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pineapple</b><br>Southern Butter Roll<br>Cake<br>Milk     |
| 24<br><b>School Closed</b>  | 25<br><br><b>School Closed</b>  | 26<br><b>School Closed</b>  | School Closed   | School Closed  |
| 31<br><br><b>School Closed</b>   |  |   |   |  |



# December 2018 Elementary Sandwich Menu





| Monday |   | Tuesday |   | Wednesday |   | Thursday |   | Friday |  |
|--------|---|---------|---|-----------|---|----------|---|--------|--|
| 3      | Opt 1. Cheese Calzonettes<br>Glazed Carrots<br>Crinkle Cut Fries<br>Assorted Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Milk<br><br>Opt 2. Pepperoni Pizza   | 4       | Opt 1. Hamburger on Bun<br>Lettuce/Tomato/Pickle<br>Golden Corn<br>Smile Fries<br>Fresh fruit<br>Assorted Fruit<br><b>Chilled Peaches(Pre-K)</b><br>Cinnamon Roll<br>Milk<br><br>Opt 2. Grilled Cheese Sandwich               | 5         | Opt 1. Chicken Sandwich on Bun<br>Creamed Spinach<br>Smile Fries<br>Assorted Fruit<br><b>Chilled Mandarin Oranges(Pre-K)</b><br>Milk<br><br>Opt 2. Hamburger on Bun                     | 6        | Opt 1. Hot Ham and Chz. On Bun<br>Lettuce/Tomato /Pickle<br>Baked Beans<br>Crinkle Cut Fries<br>Fresh fruit<br>Assorted Fruit<br><b>Chilled Pears(Pre-K)</b><br>Milk<br><br>Opt 2. Chicken Sandwich on Bun        | 7      | Boneless Wings<br>Italian Salad<br>Smile Fries<br>Assorted Fruit<br><b>Chilled Tropical Fruit (Pre-K)</b><br>Southern Butter Roll<br>Milk<br><br>ONE LINE !!!!                       |
| 10     | Opt 1. Grilled Cheese Sandwich<br>Carrot Soufflé<br>Seasoned Green Beans<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pineapple (Pre-K &amp; Sat)</b><br>Milk<br><br>Opt 2. Chicken Sandwich on Bun | 11      | Opt 1. Chicken Sandwich on Bun<br>Corn<br>Lettuce/Tomato/Pickle<br>Smile Fries<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Mandarin Oranges (Pre-K &amp; Sat))</b><br>Cinnamon Roll<br>Milk<br><br>Opt 2. Hamburger on Bun | 12        | Chicken Nuggets<br>Baked Beans<br>Caesar Salad<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Peaches (Pre-K)</b><br>French Bread<br>Milk<br><br>ONE LINE !!!!!                         | 13       | Opt 1. Hamburger on bun w/wo Chz.<br>Lettuce/Tomato/Pickle<br>Green Peas<br>Crinkle Cut Fries<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Milk<br><br>Opt 2. Grilled Cheese Sandwich | 14     | Opt 1. Pepperoni Pizza<br>Broccoli w/ Cheese<br>Italian Salad<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pears(Pre-K)</b><br>Brownie<br>Milk<br><br>Opt 2. Pepperoni Calzonettes |
| 17     | Opt 1. Hamburger on Bun<br>Baked Beans<br>Lettuce/Tomato/Pickle<br>Assorted Fruit<br>Fresh Fruit<br><b>Mandarin Oranges (Pre-K)</b><br>Milk<br><br><b>Opt 2. Hot Dog w/ wo Chili</b>                  | 18      | Boneless Chicken Wings<br>Crinkle Cut Fries<br>Golden Corn<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pears (Pre-K )</b><br>Cinnamon Roll<br>Milk<br><br>Opt 2. Pepperoni Pizza   | 19        | Opt 1. Pepperoni Calzonettes<br>Seasoned Green Peas<br>Baby Carrots<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Applesauce (Pre-K)</b><br>Milk<br><br>Opt 2. Chicken Sandwich on Bun | 20       | Opt 1. Chicken Sandwich on Bun<br>Broccoli w/Cheese<br>Crinkle Cut Fries<br>Lettuce/Tomato/Pickle<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Peaches (Pre-K)</b><br>Milk<br><br>Opt 2. Hamburger on Bun       | 21     | Opt 1. Pepperoni Pizza<br>Glazed Carrots<br>Mashed Potatoes<br>Assorted Fruit<br>Fresh Fruit<br><b>Chilled Pineapple</b><br>Cake<br>Milk<br><br><b>Opt 2. Boneless Wings</b>         |
| 24     | School Closed   | 25      | <br><br>School Closed  | 26        | School Closed   | 27       | School Closed   | 28     | School Closed  |
| 31     | <br><br>School Closed  |         |   |           |   |          |   |        |  |





# December 2018 After School Snack Menu



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <b>3</b><br>Scooby Doo Graham Cracker Sticks<br>and 8 oz. Milk  | <b>4</b><br>Goldfish<br>and 6.75oz Juice  | <b>5</b><br>Cool Ranch Doritos<br>and 6.75oz Juice<br><br>Pre k Only Scooby Doo<br>Graham Crackers<br>and 6.75 oz Juice | <b>6</b><br>Grandma's Chocolate Chip Cookies<br>and 8 oz. Milk  | <b>7</b><br>Nacho Cheese Doritos<br>and 6.75oz Juice<br><br><i><b>Pre-K Only- Goldfish<br/>           and 6.75 oz. Juice</b></i>  |
| <b>10</b><br>Grandma's Chocolate Chip Cookies<br>and 8 oz. Milk   | <b>11</b><br>Goldfish<br>and 6.75oz Juice   | <b>12</b><br>Grandmas Chocolate<br>Chip Cookies<br>and 6.75 oz Juice  | <b>13</b><br>Scooby Doo Graham Cracker Sticks<br>and 8oz Milk   | <b>14</b><br>Cool Ranch Doritos<br>and 6.75 oz. Juice<br><br><i><b>Pre-K Only- Goldfish<br/>           and 6.75 oz. Juice</b></i> |
| <b>17</b><br>Scooby Doo Graham Cracker Sticks<br>and 8 oz. Milk   | <b>18</b><br>Goldfish<br>and 6.75oz Juice   | <b>19</b><br>Scooby Doo<br>Graham Crackers<br>and 6.75 oz Juice   | <b>20</b><br>Grandma's Chocolate Chip Cookies<br>and 8 oz. Milk | <b>21</b><br>Nacho Cheese Doritos<br>and 6.75oz Juice<br><br><i><b>Pre-K Only- Goldfish<br/>           and 6.75 oz. Juice</b></i> |
| <b>24</b><br>School<br>Closed   | <br>School<br>Closed | <b>26</b><br>School<br>Closed   | <b>27</b><br>School<br>Closed                                   | <b>28</b><br>School<br>Closed   |
| <br>School<br>Closed |   |   |   |   |

