



January 2018 Elementary Breakfast Menu




Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
8	9	10	11	12
Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
15	16	17	18	19
Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
22	23	24	25	26
Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
29	30	31		
Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk		





January 2018 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	5	5
			Red Beans / Rice Chicken Smackers (Pre K only) Sausage Links (K-7) Popeye Salad Fresh Fruit Chilled Strawberries (PreK Only) French Bread Milk	Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Pears Southern Butter Roll Cookie Milk
8	9	10	11	12
Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Chilled Strawberries King Cake Milk KING'S DAY	(Grades 1-7 only) Crispy or Sort Beef Taco Shredded Lettuce/Tomato Shredded Cheese Fresh Fruit Chilled Peaches (PreK Only) Corn Cinnamon Roll , Milk * (PREK & KINDER)* Grilled Cheese Sandwich Corn Chilled Fruit Cinnamon Roll MILK	Lasagna Creamed Spinach Chilled Mandarin Oranges Garlic Roll Milk	Whit Beans/ Rice Chicken Smackers Cauliflower w/Cheese Fresh Fruit Chilled Pears Biscuits Milk	Shepherd's Pie Italian Salad Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk
15	16	17	18	19
Beef Stew Rice Carrot Souffle Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce / Tomato Golden Corn Fresh Fruit Mandarin Oranges (Pre K) King cake Milk	Meatsauce Spaghetti Broccoli w/Cheese Chilled Pears Garlic Roll Milk NUTRITION DAY Okra 	(GRADES 1-7) Red Beans /Rice Sausage Links Caesar Salad Fresh Fruit Chilled Applesauce (PreK Only) Biscuits Milk *(PRE K & KINDER)* Hamburger w/wo Cheese on Bun Lettuce/tomato/pickle , Baked Beans Chilled Fruit , Milk	Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peaches Southern Butter Roll Brownie Milk
22	23	24	25	26
Chicken Strips Mac and Cheese Glazed Carrots Seasoned Green Peas Chilled Applesauce Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears (PreK Only) King Cake Milk *(PRE K & KINDER)* Boneless Wings Shoe String Fries, Corn King Cake , Chilled Fruit	Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Chilled Peaches Garlic Roll Milk	White Beans / Rice Chicken Smackers Caesar Salad Fresh Fruit Applesauce (PreK Only) Biscuits Milk	Pork Chop Mashed Potatoes w/Gravy Seasoned or Italian Green Beans Chilled Strawberries Southern Butter Roll Cake Milk
29	30	31		
Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Chilled Pineapple Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce/ Tomato Golden Corn Fresh Fruit Mandarin Oranges (Pre K) King Cake Milk	Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk		



January 2018 Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Chicken Nuggets Baked Beans Popeye Salad Fresh Fruit Chilled Strawberries (PreK only) Biscuits Milk ONE LINE !!!!!	5 Opt 1. Hot Ham & Chz. Sandwich on Bun Green Peas Crinkle Cut Fries Chilled Pears Cookie Milk Opt 2. Hamburger on Bun
8 Opt 1. Pepperoni Pizza Glazed Carrots Crinkle Cut Fries Chilled Strawberries Milk Opt 2. Spicy Chicken Sandwich	9 Opt 1. Hamburger on Bun Lettuce/tomato/pickle Corn Fresh fruit Chilled Peaches(Pre-Konly) Cinnamon Roll Milk Opt 2.Grilled Cheese Sandwich	10 Boneless Wings Creamed Spinach Tots, ShString, Crinkle or Smile Fries Chilled mandarin oranges Garlic Roll Milk ONE LINE !!!!!	11 Opt 1. Spicy Chicken Sandwich On Bun Lettuce/Tomato /pickle Baked Beans Fresh Fruit Chilled Pears(Pre-K only) Milk Opt 2. Hamburger w/wo Chz.	12 Chicken Nuggets Italian salad Smile Fries Chilled Tropical fruit Rice Krsipie Milk ONE LINE !!!!!
15 OFF	16 Opt 1. Grilled Cheese Sandwich Crinkle Cut Fries Corn Fresh Fruit Mandarin Oranges (Pre K) Cinnamon Roll Milk Opt 2. Hot Ham and Chz. On Bun	17 Opt 1. Spicy Chicken Patty On Bun Lettuce/Tomato /pickle Broccoli w/Cheese Chilled Peaches Milk Opt 2. Hot Dog w/wo Chili	18 Opt 1. Hamburger on Bun Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Applesauce (PreK Only) Milk Opt 2. Grilled cheese Sandwich	19 Opt 1. Pepperoni Pizza w/Rolled Edge Seasoned Peas Crinkle Cut Fries Chilled Peaches Brownie Milk Opt 2. Hot Ham and Chz. On Bun
22 Opt 1. Hamburger on Bun Lettuce /Tomatoe /pickle Glazed Carrots Fresh Fruit Chilled Applesauce (PreK only) Milk Opt 2 Spicy Chicken Patty on Bun	23 Boneless Wings Shoe String Fries Corn Fresh Fruit Chilled Pears (PreK only) Cinnamon Roll Milk ONE LINE !!!!!	24 Opt 1. Spicy Chicken Patty on Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Peaches Milk Opt 2. Grilled Cheese Sandwich	25 Opt 1. Pepperoni Pizza w/ Rolled Edge Baked Beans Crinkle Cut Fries Fresh Fruit Applesauce (PreK only) Milk Opt 2. Hamburger on Bun	25 Opt 1. Hot Dog w/wo Chili Seasoned Green Beans Tater Tots Chilled Strawberries Cake Milk Opt 2. Hot Ham and chz. On Bun
29 Opt 1. Spicy Chicken Patty On Bun Lettuce/Tomato/Pickle Crinkle Cut Fries Chilled Pineapple Milk Opt 2. Hot Dog w/wo Chili	30 Opt 1. Grilled Cheese Sandwich Baby Carrots Corn Fresh Fruit Chilled Mandarin Oranges (PreK only) Cinnamon Roll Milk Opt 2. Nacho Bites	31 Opt 1. Hot Ham and Chz. On Bun Lettuce/Tomatoes/Pickles Sweet Potato Fries Applesauce Milk Opt 2. Hamburger w/wo Cheese		



January 2018 Snack Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
1		2	Grandma's Chocolate Chip Cookies and 8 oz Milk PreK only- Tube Yogurt and 6.75oz Juice Box	3	Goldfish and 6.75oz Juice Box	4	Cereal and 8 oz Milk PreK only -Cinnamon Toast Crunch and 8 oz milk	5	Funyuns and 6.75oz Juice Box PreK only - String Cheese and 6.75oz Juice Box
8	Crunchy Baked Cheetos and 6.75oz Juice Box PreK only- Goldfish and 6.75oz Juice Box	9	Elf Chocolate Graham Cracker Cookies and 8 oz milk PreK only -Multi Grain Cheerios and 8oz Milk	10	Harvest Cheddar Sunchips or Garden Salsa Sunchips and 6.75oz Juice Box PreK only - String Cheese and 6.75oz Juice Box	11	Cereal and 8 oz milk PreK only -Cinnamon Toast Crunch and 8 oz milk	12	Quaker Snack Mix and 6.75oz Juice Box PreK only- Tube Yogurt and 6.75oz Juice Box
15	 Martin Luther King Day	16	Scooby Doo Graham Cracker Sticks and 8 oz milk PreK only -Multi Grain Cheerios and 8oz Milk	17	Tube Yogurt and 6.75oz Juice Box	18	Toaster Pastry and 8 oz milk PreK only -Cinnamon Toast Crunch and 8 oz milk	19	String Cheese and 6.75oz Juice Box
22	White Cheddar or Kettle Popcorn and 6.75oz Juice Box PreK only- Goldfish and 6.75oz Juice Box	23	Goldfish and 6.75 oz juice PreK only -Multi Grain Cheerios and 8oz Milk	24	Pretzels and 6.75oz Juice Box PreK only - String Cheese and 6.75oz Juice Box	25	Bug Bites Graham Cracker Cookies and 8 oz milk PreK only -Cinnamon Toast Crunch and 8 oz milk	26	Cool Ranch Doritos or Nacho Cheese Doritos and 6.75oz Juice Box PreK only- Tube Yogurt and 6.75oz Juice Box
29	Crunch Mania Cinnamon Buns and 8 oz Milk PreK only -Multi Grain Cheerios and 8oz Milk	30	Grandma's Chocolate Chip Cookies and 8 oz Milk PreK only- Tube Yogurt and 6.75oz Juice Box	31	Goldfish and 6.75oz Juice Box				